



# Volunteers, Wanted !

## FIT For Charity Run 2023 Recruiting New Organising Committee Members

The FIT For Charity Run brings together Tokyo's financial industry to raise money for local non-profit organisations. The FIT For Charity Run in its 19<sup>th</sup> year, which is fully run by volunteers, is [recruiting new committee members](#).

Would you like to join us in planning a charity event with thousands of participants together with diverse members across the domestic and international financial institutions and related business companies?

Please feel free to contact us for an information session as below.

### Online Information Session :

May 30, 19:45 - (about 1 hour)

Please access the application form from the QR code on the right and fill out the required information.

We will send you Zoom meeting information. Looking forward to your participation! Please feel free to join the OCM from 19:00.

To apply, please access here



For inquiries, please contact : [communications@fitforcharity.org](mailto:communications@fitforcharity.org)



# Contributing to the community with FIT

FIT For Charity Run (The Financial Industry in Tokyo For Charity Run) was launched in 2005 as a way for the financial industry to come together in support of activities that benefit the society in which we work and live. Through sponsorship and donation of participation fees to FIT for Charity, a running event that attracts more than 5,000 participants each year, we support organisations that do not have sufficient funds to support their activities. Since its launch, more than 91,800 people have participated in the event, and a total of 136 organisations have benefited from funds raised totaling to 989 million yen, 89% of which has been donated, thanks to the support of many volunteers and cooperating companies.

This year, we are planning to hold the event in a hybrid format\*: in-person event (venue TBC), and the online format (App) will be available for those outside Tokyo to participate as per previous years. The hybrid format will be more complex to organise, and as well as the in-person event under COVID will require more members of the Organising Committee to ensure the smooth running and safety of the event. We look forward to your participation.

\*The format of the event is subject to change.

Joining the Organising Committee can nurture leadership skills, engagement, and an opportunity to be part of a diverse teams across the Tokyo financial industry delivering a huge charity event. Don't miss this opportunity!

## FAQ

### Q. What is the FIT Organising Committee?

A. FIT organises and manages the annual FIT running event, which attracts 5,000-6,000 participants each year. The FIT Organising Committee consists of about 50 volunteers from various companies across the financial industry and related business companies.



2021 Organising Committee Members (partial)

### Q. What will the FIT Organising Committee members do?



A. On the day of in-person event, **Logistics** will manage the course and the stadium. **IT** will manage the payment system & App for the online event. **Sponsorship** will support our Sponsors and Participating companies. **Charities** is responsible of selecting and liaising with the beneficiaries. **Donor** seek donations of goods and services (incl. prizes) from Donors. Other functions include- **Communications, Secretary and Finance**.

You can choose to join any of these groups, and work under the guidance of an experienced leader and in consultation with each member to share the tasks. Please be sure to find a way to get involved that suits your skills and the time you are available.

### Q. How often are activities held?

A. The organising and sub-committees meetings are held monthly online. We hold these meetings as needed as event approaches. Each sub-committee divides its workload among the members, and members supports each other according to the member's work situation. Workload is generally about one hour per week.

### Q. What kind of companies are participating as members of the FIT Organising Committee?

A. Anyone who works for a financial institution or related business company is welcome to join. Every year, many members are active in our Organising Committee. For more information, please visit the FIT website.



Online meeting